THE 10TH NATIONAL FOREST WALKING FESTIVAL
13th-25th May 2017

Guided and themed walks
Beautiful places to explore
Walks for all ages and abilities to enjoy
Places to stay from B&Bs to Forest Lodges

www.thenationalforestwalkingfestival.org.uk
Spring is a great time to walk in the Forest, with the hawthorn hedges covered in may blossom, the skylarks soaring overhead and the sound of bees starting to fill the air.

This forest for the nation is maturing into an inspiring place to walk and enjoy the outdoors. Since it began in the early 1990s, more than eight and a half million trees have been planted and over 45 new sport and recreation facilities have been established. For those who love to walk and cycle and discover new places, the creation of the Forest has more than trebled the land available for public access throughout its 200 square miles.

One of our driving forces in continuing the creation and development of the Forest is working with partners to ensure the Forest is fun, easy and enjoyable. We want to help people reconnect with the landscape, nature and each other, and the National Forest Walking Festival is an excellent expression of this.
As you walk through the varied landscapes that make up the Forest, you’ll get a real flavour of the transformation that has taken place: from a landscape scarred by the closure of the mines and clay workings, into a green and vibrant place where we can all enjoy forest life.

The Forest reached its first quarter century last year and there was much to celebrate. We produced a new film and publication highlighting the progress of the Forest and how it is fulfilling its promise to transform lives, the landscape and the economy. You can download the report and view the film on our website.

During our 25th year we also became a charity, and launched the Silver Circuit, a new circular walk through Needwood Forest and the Trent Valley (see walk 27 on page 13). We also created our new online resource My National Forest, where you can share what you love about the Forest through images, video, music or words. You can see more at nationalforest.org/mynationalforest. Do send us pictures from your walks!

Find out more about The National Forest at nationalforest.org
AND RELAX

Why not make your Walking Festival adventure into a relaxing mini break with a stay in one of our cosy village pubs, a friendly guesthouse, comfortable hotel or luxury timber lodge.

There’s a whole range of accommodation to choose from in the Forest.

From farm-grown foods to traditionally brewed beers, the Forest is bursting with local flavours for you to enjoy after your walk.
For more information on special offers and details of the many things to see and do, visit:

Swadlincote Tourist Information Centre, Sharpe’s Pottery Museum, West Street, Swadlincote, Derbyshire  DE11 9DG

Our friendly TIC staff will help you find and book the perfect accommodation for your visit and provide full details of attractions, events and eateries plus travel information.

Tel: 01283 222848   Email: tic@sharpespotterymuseum.org.uk or visit www.thenationalforestwalkingfestival.org.uk to download the 2017 Attractions Guide
A GUIDE TO THE WALKS

Most walks are free and do not need to be booked. Where there is a charge or booking is required, details are listed under each walk.

You may find the following information useful before attending a walk:

- Please wear suitable footwear and clothing (a waterproof preferably)
- Remember to bring any medication you may need
- It is advisable to always carry a drink
- You may need to bring a packed lunch (see individual walk key for more info)
- Walkers age 16 and under must be accompanied by an adult
- If dogs are allowed on a walk (see individual walk key for more info), they must be kept on a lead at all times
- All those taking part in a walk do so at their own risk
- Most walk leaders are volunteers
- Walks will start promptly

Please be advised walkers may be taking photographs on any of the festival walks, which may be used in future publicity.

WALKS ARE GRADED FOR DIFFICULTY:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Description</th>
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<tbody>
<tr>
<td><strong>EASY</strong></td>
<td>Routes suitable for most levels of fitness. May be suitable for conventional wheelchairs and pushchairs (please see individual walk key for more information).</td>
</tr>
<tr>
<td><strong>LEISURELY</strong></td>
<td>Routes for reasonably fit people. May include some unsurfaced rural paths.</td>
</tr>
<tr>
<td><strong>MODERATE</strong></td>
<td>Walks for people with a good level of fitness. May include some steep paths and open country and may be at a brisk pace.</td>
</tr>
<tr>
<td><strong>STRENUOUS</strong></td>
<td>Walks for experienced country walkers with an above average level of fitness. May include hills, rough country and be at a brisk pace.</td>
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</tbody>
</table>

KEY

- 🍃 Car park fee
- £ Entrance fee
- 🚁 Wheelchair access
- 🐶 Dogs not allowed
- 😊 Children welcome
- ☀️ Bring a torch
- 🚐 Pushchair access
- 🍗 Bring packed lunch
- 🍁 Walking boots
- 🐶 Dogs allowed on a lead
- 🛌� Toilets available en route
Saturday 13th May

1. **Nordic Walking**
   - **Start time**: 9am
   - **Distance**: 1.5 miles, 1 hour, 0 stiles
   - **Cost per person**: £2.50
   - **Starting Point**: Moira Furnace, DE12 6AT
   - **Description**: Nordic Walking is quite unique in that it provides benefits for everybody from those with medical problems to the super fit. The walk is done over different terrain, taking in the surrounding countryside. Nordic walking has many benefits including a cross training effect between cardiovascular and endurance conditioning. This activity also tones the upper body and lower body. This is a great way to get active especially if you can’t run or struggle with mobility.
   - **Booking**: Essential. Please call 01530 454785 or email Christopher.Mawbey@nwleicestershire.gov.uk

2. **Industry’s Legacy to the Forest**
   - **Start time**: 10am
   - **Distance**: 6 miles, 4 hours, 6 stiles
   - **Starting Point**: Youth Hostel Car Park, Bath Lane, Moira, DE12 6BD
   - **Description**: Join this walk through what was previously a heavily industrialised area to see how it’s developed into an area of outstanding beauty. From the YHA we will walk to Swains Park, Gresley Wood, round Albert Village Lake to Boothorpe, via Hanging Hill and back to Moira - seeing the amazing legacy that industry has left us and how the area is reverting back to nature in such a very short space of time.
   - **Booking**: Essential. Please call 01283 551211 or email blacktogreen@nationalforest.org

3. **6 Mile Walk**
   - **Start time**: 10am
   - **Distance**: 6 miles, 2.5 hours, 2 stiles
   - **Starting Point**: Council Offices, London Road car park, Coalville LE67 3FJ
   - **Description**: A refreshing walk to the highest point in Leicestershire. This walk is an advanced strenuous walk that includes a moderate to steep hill. Good paths that can be rough underfoot. There is a bench on this route.
   - **Booking**: Essential. Please call 01530 454606 or email zara.barnes@nwleicestershire.gov.uk

4. **Achille Wood and Farm Walk**
   - **Start time**: 10am
   - **Distance**: 2 miles, 2 hours, 1-5 stiles
   - **Starting Point**: Hill Farm, Spring Lane, Packington, LE65 1WU
   - **Description**: Take a leisurely stroll around the farm and woodland, taking in Canadian Bison, Red Deer, Alpacas and many more. Finish with a visit to the farm shop for refreshments.

5. **Teddy Walk**
   - **Start time**: 10.30am
   - **Distance**: 1 mile, 1 hour, 0 stiles
   - **Starting Point**: Swadlincote Woodlands, Derby Road, Swadlincote
   - **Description**: Your little ones will love this Teddy walk. Follow Bertie Bear on his adventures around Swadlincote Woodlands. This guided walk takes you through the woodlands whilst reading the story of Bertie Bear on his trail. Meet at 10.15am in Swadlincote Woodlands car park for 10.30am start.
<table>
<thead>
<tr>
<th>Event</th>
<th>Start Time</th>
<th>Distance</th>
<th>Length</th>
<th>Starting Point</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Ticknall and The National Forest</strong></td>
<td>9.15am</td>
<td>12 miles</td>
<td>7 hours</td>
<td>Ticknall Village Hall DE73 7JW (nearest car park</td>
<td>Circular walk along the National Forest Way, through the lovely villages of Smisby, Hartshorne, Foremark and the Calke Estate (National Trust). Bring lunch for a scenic spot.</td>
</tr>
<tr>
<td><strong>Nordic Walking Session</strong></td>
<td>10am</td>
<td>2.5 miles</td>
<td>1 hour</td>
<td>Rosliston Forestry Centre Foyer, DE12 8JX (On site parking, charges apply)</td>
<td>Walking, only smarter! Burn up to 46% more calories during your walk! This taster session will introduce you to the basics of Nordic Walking. Led by a qualified Nordic Walking instructor. Booking essential. Please call 01283 563483 or email <a href="mailto:tor@roslistonforestrycentre.co.uk">tor@roslistonforestrycentre.co.uk</a></td>
</tr>
<tr>
<td><strong>Wild Plant Walk</strong></td>
<td>10am</td>
<td>2-3 miles</td>
<td>2 hours</td>
<td>Moira Furnace, DE12 6AT (nearest car park Moira Furnace) Meet at the Wendy house next to car park</td>
<td>The walk will cover a variety of environments: woodland, meadow, tow-path and parkland. We will be looking at the wild plants growing along the way, and discuss the folklore associated with them, as well as their culinary, medicinal and other uses. Booking essential. Please call 01283 551211 or email <a href="mailto:blacktogreen@nationalforest.org">blacktogreen@nationalforest.org</a></td>
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<tr>
<td><strong>Coton and the Mease Valley</strong></td>
<td>10am</td>
<td>9 miles</td>
<td>5.5 hours</td>
<td>Outside St Mary’s Church, Church Street, Coton in the Elms, DE12 8HG (on street parking on Elms Road)</td>
<td>A fairly level circular walk exploring the southernmost part of Derbyshire and some attractive villages on both sides of the River Mease. Stop for lunch break along the route.</td>
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<tr>
<td><strong>The Coleorton Railway and Jessop’s Tramway</strong></td>
<td>2pm</td>
<td>5 miles</td>
<td>2.5 hours</td>
<td>Hough Mill, St Georges Hill, Swannington, LE67 8QW (on site parking)</td>
<td>The walk traces the route of the 1833 Coleorton Horse Drawn Railway walking on tracks and roads and then returns along the route of Jessop’s 1794 Tramway mostly on the Ivanhoe Way. Also, the Mill will be open for anyone wanting to see the progress of the restoration. Booking essential. Please call 07474 610112 or email <a href="mailto:swanningtonwalks@gmail.com">swanningtonwalks@gmail.com</a></td>
</tr>
<tr>
<td><strong>History of 1000 Year Church</strong></td>
<td>3pm</td>
<td>1 mile</td>
<td>2 hours</td>
<td>Diseworth Parish Church, DE74 2QE (on street parking)</td>
<td>A walk round and inside the 1000 year old Parish Church, followed by a talk at the Heritage Centre, and the opportunity to view the former Baptist Chapel, which is now the Heritage Centre. Light refreshments available £1. Booking essential. Please call 01332 853647 or email <a href="mailto:nikki.hening@gmail.com">nikki.hening@gmail.com</a></td>
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</table>
MONDAY 15TH MAY

12 Barton under Needwood
Start time 10.15am
2.5-3 miles, 1 hour, 0 stiles

STARTING POINT St James Church Hall Car Park, DE13 8HY (on-street parking)
Barton under Needwood is a large village in Staffordshire a mile from the A38 between Burton upon Trent and Lichfield. Barton offers a wide variety of walks that take in the sights of the village, local countryside and the large marina complex on the Trent & Mersey Canal, home to some 300 narrow boats and other facilities. After the walk, the walkers enjoy refreshments at the local café.

13 Hilton Nature Reserve
Start time 10.30am
3 miles, 1.25 hours, 0 stiles

STARTING POINT Hilton Brook Public House, Egginton Road, Hilton, DE65 5FG (nearest car park Hilton Brook Public House)
The walk is on roads and footpaths leading to, through and returning from the Hilton Nature Reserve, where the worked-out gravel pits provide refuge for a number of declining species. There is no wheelchair access. The reserve has board walks provided across wetland. The water in the ponds in the reserve is deep. Most of the route has hard surface but some parts can be muddy and wet particularly after rain. With the exception of the road rising to cross the A50 the route is on the level. There are no stiles.

14 Horninglow and Eton
Start time 10.30am
2.5-3 miles, 1 hour, 0 stiles

STARTING POINT Horninglow Road Basin, Horninglow Road, DE14 2PT (nearest car park Calais Road on-street parking)
The Kingfisher Trail runs alongside the Trent & Mersey Canal through the Shobnall, Horninglow and Eton districts of Burton upon Trent. It is a habitat for wildlife with attractive views along the trail and across the hills. The walk is led by our trained volunteer leaders.

15 Conservation of the Brickyards
Start time 2pm
4-5 miles, 2.5 hours, 3 stiles

STARTING POINT Ticket Office, Calke Abbey main car park, DE73 7LE (Car park Calke Abbey) Park admission fee applies. £3.60 per adult and £1.80 per child. National Trust members Free.
A rare opportunity to visit the Ticknall Brickyards and find out about the conservation work to preserve the scotch kiln and pug mill with Dave Watts, Clerk of Works. Dave will also talk about the repair of the kilns in the limeyards to make them accessible to visitors, along the way. Booking essential. Please call 01332 695310, or email calkeabbey@nationaltrust.org.uk

For up to date Public Transport Information, please contact Traveline
www.traveline.info
0871 200 22 33

Traveline public transport info
16 National Memorial Arboretum Walk

Start time 2.30pm  
Leisurely
2 miles, 1 hour, 0 stiles,

STARTING POINT National Memorial Arboretum, Alrewas. Nearest car park on site £3 per day.

Come and enjoy this steady paced walk around the majestic National Memorial Arboretum. Trained walk leaders and volunteers from the Arboretum will take you on this interesting and scenic walk around the site. The walk takes place on level ground and firm footpaths and is ideal for those who may be new to exercise or returning to it after a break or illness. The group finish in the restaurant for a hot drink and a chat (optional).

17 A Dunstall Stroll

Start time 7pm  
Leisurely
4 miles, 2 hours, 6 stiles

STARTING POINT Starting point: 1st car park on right, Barton Marina, SK 198 183, DE13 8AS

Walk through the village of Barton-under-Needwood and the Dunstall estate, with views over the Trent Valley.

18 Buggy Walk

Start time 9.30am  
Leisurely
2.5 miles, 1 hour, 0 stiles

STARTING POINT Outside the main entrance of The Hermitage Leisure Centre, Silver Street, Whitwick, LE67 5EU. Car park on site

A leisurely walk aimed at parents with a child in a pram or pushchair. Enjoy the beautiful views that Whitwick has to offer.

Booking essential. Please call Zara Barnes on 01530 454606 or email zara.barnes@nwleicestershire.gov.uk

19 Achille Wood and Farm Walk

Start time 10am  
Leisurely
2 miles, 2 hours, 1-5 stiles

STARTING POINT Hill Farm, Spring Lane, Packington, LE65 1WU. Meet adjacent to the toilets. Car park on site.

Take a leisurely stroll around the farm and woodland, taking in Canadian Bison, Red Deer, Alpacas and many more. Finish with refreshments.

20 Nordic Walking Taster Session

Start time 10am  
Leisurely
2 miles, 1 hour, 0 stiles, £1.50 if using own poles, £3 if hiring

STARTING POINT Swadlincote Woodlands car park

Walking, only smarter! Burn up to 46% more calories during your walk! This taster session will introduce you to the basics of Nordic Walking. Led by a qualified Nordic Walking instructor.

Booking essential. Call 01283 563483 or email tor@roslistonforestrycentre.co.uk
**Barrow upon Soar Walk**

Start time: 10.30am  
Easy
2-3 miles, 1 hour, 0 stiles

**STARTING POINT** Three Crowns Inn car park, High Street, Barrow upon Soar, LE12 8JS (Nearest car park Three Crowns Inn)

Join this friendly weekly Walking for Health group. Walks last for around an hour and take place on a variety of routes in and around the Village. Walkers are welcome to stop for refreshments and a chat after the walk.

**Stapenhill Hollows**

Start time: 6.45pm  
Easy
2.5-3 miles, 1 hour, 0 stiles

**STARTING POINT** Stapenhill Hollows car park, Stapenhill Road, DE15 9AF (small car park and on-street parking on Stapenhill Road)

An enjoyable evening walk taking in the sights including Stapenhill Gardens, the Trent Washlands, Burton Mail Centenary Woodland, Stapenhill Hollows, etc.

**National Memorium Arboretum - ‘The Outer Limits’**

Start time: 2pm  
Easy
3 miles, 2 hours, 0 stiles, cost per person £3

**STARTING POINT** Arboretum Remembrance Centre, Heroes’ Square, DE13 7AR (NMA car park £3 per car)

A journey of discovery around the perimeter of the National Memorial Arboretum. We will be seeking out areas rarely visited, and will explore memorials and wildlife en route. Booking essential. Please call 01283 245100, or email info@thenma.org.uk

**Brankley Pastures Discovery Walk**

Start time: 7pm  
Easy
2 miles, 1.5 hours, 0 stiles

**STARTING POINT** Brankley Pastures. Map ref SK166 213. Car park at Brankley Pastures, DE13 8BN (closest postcode)

A stroll around this beautiful nature reserve managed by Staffordshire Wildlife Trust. We will see many species of wildflowers and visit ancient woodland in Needwood part of The National Forest. An optional visit to a local pub afterwards.

**Gentle Walk**

Start time: 9.30am  
Easy
1-2 miles, 1 hour, 0 stiles

**STARTING POINT** Hermitage Leisure Centre, Whitwick, LE67 5EU (Nearest car park on site)

A gentle weekly walk suitable for all abilities. Refreshments available to purchase afterwards. Booking essential. Please call 07738820948 or email Rachel.hudson@ageukleics.org.uk

**New and Old around Thornton**

Start time: 10am  
Leisurely
5 miles, 3 hours, 15 stiles

**STARTING POINT** Thornton Reservoir Car Park, LE67 1AR (nearest car park Thornton reservoir car park)

Starting from Thornton with its reservoir and fishing lodge, on this walk we will head towards Stanton under Barton before returning via Bagworth Park. An interesting late Spring walk through areas of fields and The National Forest which in the last century were dominated by quarry waste and coalfields. Pub lunch optional at end of walk. Children over 12 welcome, if accompanied by an adult.

**Wednesday 17th May**
27. The Silver Circuit

Start time 10am  
8 miles, 4 hours, 9 stiles

STARTING POINT Barton Marina, DE13 8AS  
Grid Ref: SK 198 182 (Car park next to The Waterfront pub at Barton Marina)

The Silver Circuit was created in 2016 to mark 25 years since the first trees were planted in The National Forest. This 8-mile circular walk passes through Needwood Forest and down into the Trent Valley. It was designed to form a loop off the National Forest Way, which it follows between Tatenhill and the Trent and Mersey Canal.

28. Dishley Grange Walk

Start time 10.30am  
1-3 miles, 1 hour, 0 stiles

STARTING POINT Gorse Covert Community Centre, Maxwell Drive, Loughborough, LE11 4RZ (nearest car park Morrisons and Community Centre)

Join this friendly weekly Walking for Health Group. Each week there is a shorter/slower walk of 1 to 1.5 miles and a longer/faster walk of around 3 miles. These friendly and sociable walks are organised by the Dishley Grange Patient’s Group and are aimed at those who wish to return to walking, or are taking up walking for exercise and a social activity. All ages and abilities are welcome. Everyone is welcome to stop for a drink and chat in the Community Centre café after each walk.

29. Swadlincote Buggy Walk

Start time 10.30am  
2.5 miles, 1 hour, 0 stiles

STARTING POINT Meet at Play area at Sharpe’s Pottery Museum, West Street, Swadlincote, DE11 9DG (nearest car park Rink Drive car park)

This walk is perfect for mums and dads who want to be more active but struggle to get to the gym due to childcare difficulties. This led walk is on well surfaced paths that take you in and around the parks and woodlands of Swadlincote. Afterwards, why not join the group for drinks and/or food in Sharpe’s Café.

30. A Walk Around Whitwick

Start time 1.30pm  
2 miles, 1.5 hours, 0 stiles

STARTING POINT The Old Station, Whitwick, LE67 5HA (On-street parking in Church Lane)

A guided village walk which links significant historical sites in Whitwick and reveals fascinating stories. The route follows footpaths around the village centre. Please note: some of the route is hilly. The walk ends back at the Old Station with light refreshments (donations welcomed).

31. Calke Long Walk

Start time 2pm  
3-4 miles, 1.5 hours, 0 stiles

STARTING POINT Meet at the Round House, Calke Abbey, Ticknall, DE73 7LE (car park on site)

Come and enjoy this pleasant walk through Calke Abbey grounds. Slightly longer and faster than the weekly Monday Health Walk, this walk is for those people who regularly enjoy a Health Walk but are looking to challenge themselves that little bit more.
### Reap What You Sow

**Start time 2pm**
1.5 miles, 2 hours, 0 stiles

**STARTING POINT** Watson Street Car Park, Burton (Washlands), DE14 3AH (nearest car park at start of walk)

A flat walk around part of the Trent Washlands, to view the positive effects of an environmental project, including cattle grazing.

### Ancient Coal Mines to New Woodland

**Start time 7pm**
2 miles, 2 hours, 2 stiles

**STARTING POINT** Hough Mill, St Georges Hill, Swannington, LE67 8QW (car park on site)

Walking on lanes, paths and grassy areas (with some gradients) we will pass the sites of Bell Pits, Gin Pits, Victorian Mining, 1940s Opencast Mining and Woodlands planted between 1993 and 2010. Also, the Mill will be open for anyone wanting to see the progress of the restoration.

Free entry, donations welcome. Booking essential. Please call 07474610112 or email swanningtonwalks@gmail.com

### Thursday 18th May

### Nordic Walking Taster Session

**Start time 10am**
2.5 miles, 1 hour, 0 stiles

**STARTING POINT** Rosliston Forestry Centre Foyer, DE12 8JX (nearest car park on site)

£1.50 if using own poles, £3 if hiring

Walking, only smarter! Burn up to 46% more calories during your walk! This taster session will introduce you to the basics of Nordic Walking. Led by a qualified Nordic Walking instructor. Booking essential. Please call 01283 563483 or email tor@roslistonforestrycentre.co.uk

### Quorn Medical Centre Walk

**Start time 10.30am**
3 miles, 1.5 hours, 0 stiles

**STARTING POINT** Quorn Medical Centre, Quorn Village Car Park, Quorn, LE12 8BP

Join this monthly Walking for Health Group on a linear walk from Quorn to Woodthorpe in Loughborough. The return will be by bus. This walk will last around 90 minutes. Please remember to bring your bus pass if you have one!
38 Branston Leas

Start time 10.30am  
Leisurely
3 miles, 2 hours, 0 stiles

STARTING POINT Riverside Inn Car Park, Riverside Drive, Branston, DE14 3EP

Join us for a leisurely walk around Branston Leas, a new community nature reserve. Take a closer look at the works to turn this former agriculture site into a haven for local wildlife and the local community. The site includes the creation of a 20,000 native tree woodland and hay meadows. We are also creating a haven for ground nesting birds like lapwing and snipe by grazing areas of the site.

Booking essential. Please call 0188988100 or email marketing@staffs-wildlife.org.uk

39 Footsteps around the Park ‘Eureka Park’s Past’

Start time 11am  
Easy
1.5 miles, 1.25 hours, 0 stiles

STARTING POINT Sharpe’s Pottery Museum, DE11 9DG (nearest car park West Street/Rink Drive) Meet in the courtyard in front of entrance

The walk celebrates the history of Eureka Park. Discover why the park was created, the reason for its name and the changes that have taken place since its inauguration. Do visit Sharpe’s Pottery Museum before or after the walk, where there is also a café on site for refreshments or lunch.

40 Be Free Range With the Chickens

Start time 11am  
Easy
2 miles, 2 hours, 0 stiles

STARTING POINT Car Park, Betty’s Farm Shop, Willington, DE65 6BW (nearest car park outside the shop grid ref: SK283 284)

A short walk around the farm amongst our chickens and lambs. There is an opportunity to visit the inside the chicken sheds and see behind the scenes. There will also be an opportunity to collect your own eggs for £1.50 a half dozen and children can complete a £1 activity sheet for children to play Spot the Duck on the walk which includes a pot of feed to feed their favourite animal.

41 From Black Coal to Beautiful Greenery

Start time 1.30pm  
Moderate
5 miles, 2.5 hours, 6 stiles

STARTING POINT Donisthorpe Woodlands Centre, Church St, Donisthorpe, Swadlincote, DE12 7PX (nearest car park to the rear)

Walk from Donisthorpe along the former rail line to Oakthorpe, going past Thought It pit head, to the old Ashby Canal basin and onto Hicks Lodge. From here we walk the new pathways through Newfield Colliery Woods along the old Calke to Moira tramway. At Moira Furnace we then follow the restored Ashby Canal back to the start, seeing how these once black coal fields are now beautiful green spaces.

Booking essential. Please call 01283 551211 or email blacktogreen@nationalforest.org
42 4 Mile Walk

Start time 2pm Moderate
4 miles, 1.5 hours, 2 stiles

STARTING POINT Main Street, Outside of the Holy Trinity Church, Normanton le Heath LE67 2TB (on-street parking, Main Street)

A moderate approximately 4 mile walk along a relatively flat terrain with some inclines. Take in the countryside views of a beautiful little village. Booking essential. Please call Zara Barnes on 01530 454606 or email zara.barnes@nwleicestershire.gov.uk

43 Drakelow’s Hidden Secrets

Start time 2pm Easy
1.5 miles, 1 hour, 0 stiles

STARTING POINT Drakelow Power Station Gate C Grid Ref: SK 223 204 (nearest car park on site)

Come and view the secrets of this permit only nature reserve managed by Derbyshire Wildlife Trust. Drakelow is a unique wetland site with paths to wander around and bird hides to visit. Meet at Drakelow Power Station Gate C at 9:45am for a 10am start. Wear stout footwear and bring your binoculars. No toilets on site. No dogs please. The walk will last around 1 hour.

44 Newhall Walk

Start time 2pm Easy
Under 1 or 2.5 miles, 1 hour, 0 stiles

STARTING POINT Newhall Old Post Centre cafe, DE11 0HP (nearest car park at the back of the Old Post Office)

This walk offers two options. A short walk on surfaced paths or a 2.5 mile walk across the vast amounts of beautiful countryside that surround Newhall. This Health Walk is led by trained walk leaders and is suitable for those who are looking to get back into exercise after a break, or those who are already active and enjoy country walks.

45 Griffydam History

Start time 7pm Easy
1.5 miles, 1 hour, 0 stiles

STARTING POINT Top Road, Griffydam, LE67 8HX (nearest car park on west side of Top Road)

Today the hamlet lacks a shop and pub, but try a stroll along our pavements and grass paths to learn a little of Griffydam’s history. A rare chapel that moved from Osgathorpe, cottages named after a famous victory, a religious conversion that saved a beating, plus a bit of Showaddywaddy. That’s Griffydam, a hamlet packed with history. Booking essential. Please call 01530 222833 or email griffydamhistory@yahoo.com

Friday 19th May

46 New All Abilities Trail

Start time 10am Easy
1.5 miles, 1 hour, 0 stiles

STARTING POINT Swadlincote Woodlands, Car Park, Off Derby Road, Swadlincote, DE11 8LP (Car park on site)

Led walk around our newly created All Abilities Trail. Enjoy safe, easy access and learn about the contrast of Swadlincote Woodlands with its dramatic industrial heritage.
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<th>Walk</th>
<th>Start Time</th>
<th>Distance</th>
<th>Time</th>
<th>Stiles</th>
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<tbody>
<tr>
<td>Hicks Lodge Walk</td>
<td>10am</td>
<td>5 miles</td>
<td>3 hours</td>
<td>5 stiles</td>
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<td>Starting Point: Ashby de la Zouch</td>
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<tr>
<td>Hood Park Leisure Centre, LE65 1HU</td>
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<td>(Free parking in the Leisure Centre car</td>
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<tr>
<td>park if the car is registered on arrival</td>
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<td>at reception)</td>
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<td>To Bath St. Wilfred Place &amp; allotments.</td>
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<tr>
<td>Past Hilltop Primary left into Woodside &amp;</td>
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<tr>
<td>path to Philip Bent &amp; Ivanhoe Way.</td>
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<tr>
<td>The Way has 5 quick stiles (+ sheep/horses)</td>
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<td>– can be detoured.</td>
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<tr>
<td>Follow the Way 1.3 miles to Woodside Rd –</td>
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<tr>
<td>left over rail bridge to Hicks Lodge (tea)</td>
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<td>cross road to cycle tracks – keep left</td>
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<tr>
<td>parallel to rail-track down the hill.</td>
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<tr>
<td>At the bottom T junction take right track</td>
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<tr>
<td>&amp; follow in a left curve to path into</td>
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<tr>
<td>Willesley before main wood. Turn left to</td>
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<tr>
<td>Tamworth Rd &amp; back into town.</td>
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<tr>
<td>Brakenhurst Wood and Rangemore</td>
<td>10am</td>
<td>5 miles</td>
<td>2.75 hours</td>
<td>9 stiles</td>
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<tr>
<td>Starting Point: Jacksons Bank car park</td>
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<td>(SK139232) DE13 8RG</td>
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<td>A walk through Brakenhurst Wood to</td>
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<td>Rangemore where you will be given an</td>
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<td>opportunity to visit the church with its</td>
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<tr>
<td>fascinating Stations of the Cross.</td>
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<td>Directions: To reach the car park, on A515</td>
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<td>travelling south, pass the Abbots Bromley</td>
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<tr>
<td>crossroads, shortly after entering Newchurch, take the lane on the</td>
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<td>right signed ‘Hoar Cross’, on descending</td>
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<td>the hill the carpark is on your right</td>
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<tr>
<td>Gentle Walk</td>
<td>10.30am</td>
<td>1-2 miles</td>
<td>0.75 hours</td>
<td>0 stiles</td>
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<td>Starting Point: Meet next to the public</td>
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<td>notice board at The Limes and Ravenstone</td>
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<td>Road cross road, LE67 3SE (on street parking)</td>
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<td>A gentle weekly walk suitable for all</td>
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<td>abilities. Booking essential. Please call</td>
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<td>07738820948 or email <a href="mailto:Rachel.hudson@ageukleics.org.uk">Rachel.hudson@ageukleics.org.uk</a></td>
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<tr>
<td>Queen Elizabeth Diamond Jubilee Wood,</td>
<td>10.30am</td>
<td>9 miles</td>
<td>5 hours</td>
<td>10 stiles</td>
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<td>Sence Valley &amp; Heather Circuit</td>
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<td>Starting Point: Woodland Trust Car Park</td>
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<td>on Heather Lane, half a mile south east of</td>
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<td>LE67 2TJ Opposite Cattow’s wind turbine</td>
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<td>(nearest car park Woodland Trust Car Park)</td>
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<td>Exploring lesser known parts of the newly</td>
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<td>planted Queen Elizabeth Diamond Jubilee</td>
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<td>Wood then along the National Forest Way</td>
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<td>to nearby Sence Valley to compare a similar</td>
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<td>project that is 15 years older and picnic</td>
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<tr>
<td>lunch before returning via Heather.</td>
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</table>
**52 Be Free Range With the Chickens**

**Start time** 11am  
2 miles, 2 hours, 0 stiles  
**STARTING POINT** Car Park, Betty’s Farm Shop, Willington, DE65 6BW  
Grid Ref: SK283 284 (nearest car park outside the shop)

A short walk around the farm amongst our chickens and lambs. There is an opportunity to visit the inside of the chicken sheds and see behind the scenes. There will also be an opportunity to collect your own eggs for £1.50 a half dozen and children can complete a £1 activity sheet to play Spot the Duck on the walk, which includes a pot feed to feed their favourite animal.

![Betty’s Farm](image)

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**53 Oakland Village - Cathedral Cities**

**Start time** 2pm  
2.7 miles, 1 hour, 0 stiles  
**STARTING POINT** Oakland Village, Hall Farm Road, Swadlincote, DE11 8ND (on street parking)

Meet at 1:50pm for 2pm start. We will walk to Midway, then enter a housing estate where each road has the same name as a city with a cathedral. As we pass through this estate the leader will stop and say a few words about each cathedral. The return route includes Salts Meadow (part of Swadlincote Woodlands). Afterwards; tea/coffee at Oaklands £1.

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**54 Nordic Walking**

**Start time** 6pm  
Leisurely  
3 miles, 1 hour approx, 0 stiles, £2.50 per person  
**STARTING POINT** Shortheath Water, Moira DE12 6BW (nearest car park on site)

Nordic Walking is quite unique in that it provides benefits for everybody from those with medical problems to the super fit. The walk is done over varying terrain, taking in the surrounding countryside. Nordic Walking has many benefits including a cross training effect between cardiovascular and endurance conditioning. This activity also tones the upper body and lower body. This is a great way to get active especially if you can’t run or struggle with mobility. Booking essential. Please call 01530 454785 or email Christopher.Mawbey@neleicestershire.gov.uk

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**55 Achille Wood and Farm Walk**

**Start time** 7pm  
Leisurely  
2 miles, 2 hours, 1-5 stiles  
**STARTING POINT** Hill Farm, Spring Lane, Packington, LE65 1WU Meet adjacent to the toilets (car park on farm)

Take a leisurely stroll around the farm and woodland, taking in Canadian Bison, Red Deer, Alpacas and many more. Finish with a visit to the farm shop for a BBQ with homemade bison or venison burgers and refreshments.
**Saturday 20th May**

**56 Nordic Walking**

**Start time 9am**

1.5 miles, 1 hour, 0 stiles, £2.50 per person

**STARTING POINT** Moira Furnace, DE12 6AT (car park on site)

Nordic Walking is quite unique in that it provides benefits for everybody from those with medical problems to the super fit. The walk is done over varying terrain, taking in the surrounding countryside. Nordic Walking has many benefits including a cross training effect between cardiovascular and endurance conditioning. This activity also tones the upper body and lower body. This is a great way to get active especially if you can’t run or struggle with mobility. Booking essential. Please call 01530 454785 or email Christopher.Mawbey@neleicestershire.gov.uk

**57 Charnwood Forest From Copt Oak**

**Start time 10am**

9 miles, 5 hours, 10 stiles

**STARTING POINT** Copt Oak Church, LE67 9PJ (Parking at church courtesy of church council. Entrance at side of pub)

Making use of public and permissive paths this walk covers some of the best countryside that Charnwood has to offer. Includes a stop at Lubcloud Victorian Tea Room for light refreshments. Children over 12, and accompanied by an adult, welcome.

**58 Best Kept Villages**

**Start time 10am**

10 miles, 5.5 hours, 19 stiles

**STARTING POINT** Grangewood car park, off the road between Overseal and Coton in the Elms, DE12 8BG, Grid Ref: SK 265 143

Walk through some of the prettiest villages in the Mease lowlands, linking ancient woodlands and National Forest plantings. Village greens, historic houses and distinctive church spires are all features of this walk.

**59 Washlands to Walton**

**Start time 10am**

12 miles, 6.5 hours, 2 stiles

**STARTING POINT** Watson Street car park Burton (Washlands) DE14 3AH (car park at the start of the walk)

A flat walk along the Trent to Walton Bridge, lunch at Barton Marina, return via the Trent and Mersey Canal. Lots of Burton Conservation Volunteers projects to view along the way.

**60 Sinai Wood & Battlestead Hill**

**Start time 2pm**

6 miles, 3 hours, 1-5 stiles

**STARTING POINT** Carver Road Community Centre, Burton on Trent DE13 0GQ (Car park adjacent to Community Centre)

Walk through Burton’s oldest woodland. See Burton’s oldest building. Lovely views of the town and National Forest tree planting.
**Sunday 21st May**

### 61 Rangemore and Scotch Hill Walk

**Start time 10am**  
Moderate  
5 miles, 3 hours, 10-12 stiles  
**STARTING POINT** Rangemore Village Car Park, DE13 9RW, Grid Ref: SK182 230  
A moderate walk with views of Cannock Chase and the Trent Valley towards Rugeley, with new woodlands, established parkland and interesting ancient woodland. The walk has some muddy sections and use of sticks is strongly recommended.

### 62 Coal Pits to Country Parks

**Start time 10am**  
Moderate  
10 miles, 5 hours, 6 stiles  
**STARTING POINT** Hicks Lodge, (outside café), LE65 2UP (parking at Hicks Lodge £3)  
A countryside ramble around Moira, Donisthorpe, and Oakthorpe, through lovely parkland and public amenity areas which have been transformed from wasteland and old colliery sites.

### 63 Blackbrook Reservoir

**Start time 10am**  
Moderate  
8 miles, 5 hours, 1-5 stiles  
**STARTING POINT** Mount St. Bernard Abbey, LE67 5UL (nearest car park The Abbey)  
From the Abbey, downhill through woods to scenic Blackbrook Reservoir and on along a disused rail track with views of Fenny Windmill, before returning over high ground to the Abbey. Bring lunch for a stop along the way.

### 64 Circuit of the Queen Elizabeth Diamond Jubilee Wood

**Start time 10.30am**  
Leisurely  
4 miles, 2.5 hours, 2 stiles  
**STARTING POINT** Woodland Trust Car Park on Heather Lane, half a mile south east of LE67 2TJ, opposite Cattow’s wind turbine (nearest car park Woodland Trust Car Park)  
A circuit of the main features of the newly planted Queen Elizabeth Diamond Jubilee Wood. Includes lake, bird hide, art features and ancient woodland. Mainly on gravel and grass paths over rolling countryside.

### 65 Repton Village, Church & School

**Start time 2pm**  
Leisurely  
1.5 miles, 2 hours, 0 stiles  
**STARTING POINT** Repton Church gates, DE65 6FH (on-street parking)  
Repton was the ancient capital of Mercia and is home to Repton School founded here in 1557. This historical walk looks at places of interest in the village, church and school. To book on this walk, please contact: Swadlincote Tourist Information Centre 01283 222848.

### 66 Riverside History Walk

**Start time 2pm**  
Leisurely  
2 miles, 2.25 hours, 0 stiles  
**STARTING POINT** Meadowside Leisure Centre, DE14 1TL (parking on site)  
Circular guided history walk of the Trent Washlands. The route will take us through the Washlands to Watson Street, then across the Ferry Bridge Viaduct to St Peter’s Bridge, and back through Stapenhill Gardens to old Burton Bridge and to our start point in the Meadowside car park.
**History Walk to Grace Dieu Priory**

**Start time 3pm**  
**Easy**  
2 miles, 2 hours, 0 stiles, £3 per person  
**STARTING POINT** Bull’s Head car park, Thringstone (car park on site)  
Walk through part of Grace Dieu Wood, under the Charnwood Forest Railway, along part of the Forest Line Canal and into the picturesque ruins of Grace Dieu priory, a 13th-Century nunnery. Learn about the area’s long history along the way.

**New Nature Trail**

**Start time 10am**  
**Moderate**  
2.75 miles, 1.5 hours, 0 stiles  
**STARTING POINT** Swadlincote Woodlands, Car Park, Off Derby Road, Swadlincote, DE11 8LP (car park on site)  
Led walk around our newly created Nature Trail. Enjoy the varied wildlife habitats of this developing site.

**Meadowside Leisure Centre Walk**

**Start time 11.30am**  
**Easy**  
2.5-3 miles, 1 hour, 0 stiles  
**STARTING POINT** Meadowside Leisure Centre Reception area. DE14 1TL, car park on site pay and display - take voucher part of ticket to reception to be reimbursed.  
The Trent Washlands, as the name suggests lies on the flood plain of the River Trent, close to Burton. The route may vary due to the weather but still offers plenty to look at from the newly refurbished Ferry Bridge, sculpture trail and the Burton Mail Centenary Woodland. After an enjoyable health walk the group meet for lunch at Burton Library.

**Griffydam To Osgathorpe Circular**

**Start time 2pm**  
**Moderate**  
4 miles, 3 hours, 7 stiles  
**STARTING POINT** Griffydam Primary School, Griffydam, LE67 8HU (parking on-street Top Road, Griffydam)  
A varied walk across rolling farmland calling at interesting historical sights. Booking essential. Please call 01530 222934 or email david@davidmaltby1@wanadoo.co.uk

**Calke Abbey**

**Start time 2pm**  
**Easy**  
2 mile and/or 2.5 miles, 1 hour, 0 stiles on short, some steps and stiles on the longer walk  
**STARTING POINT** Calke Abbey Main car park, DE73 7LE (Main car park on site)  
This is a weekly social walk around the beautiful grounds of Calke Abbey. The walk is led by trained walk leaders who are volunteers at this National Trust Park who will show you the best it has to offer. Two walks are available – a short walk of approx. 1 mile and another of approx. 3 miles in distance. Stay afterwards and enjoy a drink with the group (£1 donation).

**Nordic Walking Taster Session**

**Start time 6pm**  
**Leisurely**  
2.5 miles, 1 hour, 0 stiles, £1.50 if using own poles, £3 if hiring  
**STARTING POINT** Rosliston Forestry Centre Games room (next to staff car park) DE12 8JX  
Walking, only smarter! Burn up to 46% more calories during your walk! This taster session will introduce you to the basics of Nordic Walking. Led by a qualified Nordic Walking instructor. Booking essential. Please call 01283 563483 or email tor@roslistonforestrycentre.co.uk
The National Forest Walking Festival

Tuesday 23rd May

**4 Parishes Walk**

**Start time 10am**

6 miles, 4 hours, 5 stiles

**STARTING POINT** Shobnall Leisure Centre, main car park, DE14 2BB

A chance to see some urban nature reserves (good and bad) with some stunning views over Burton and The National Forest, all close to the centre of town.

**Rosliston Pushchair Walk**

**Start time 10.30am**

2.5 miles, 1 hour, 0 stiles

**STARTING POINT** Meet outside The Hub café at Rosliston Forestry Centre DE12 8JX (on site car park £1 per hour £3 per day)

This walk is perfect for mums and dads who want to be more active but struggle to get to the gym due to childcare difficulties. It is also a great way to meet other parents in the same position. This led walk is on well surfaced paths which are ideal for pushchairs. It lasts approximately 1 hour so is a great way to burn off some calories whilst enjoying good company in a traffic free location. Afterwards you may choose to join the group for drinks, and/or food in The Hub café.

**Stapenhill Gardens x3 Walks**

**Start time 10.30am**

1, 2.5 or 3 miles, 1 hour, 0 stiles

**STARTING POINT** Bandstand in Stapenhill Gardens, Main Street, DE15 9AP (two small car parks and on street parking in Main Street)

Stapenhill offers three graded walks every week. Including a health walk, leisurely and moderate one, which are all led by trained volunteer walk leaders. There are many different routes to explore from the Stapenhill Gardens, Trent Washlands, Burton Mail Centenary Woodland, and Stapenhill Hollows. After the walk finishes the group meet up for hot drinks at the local pub.

**Park Guided Walks**

**Start time 11.30am**

Varied miles, 1.5 hours, 0 stiles, £3.60 per adult, £1.80 per child

**STARTING POINT** Calke Abbey Ticket Office (nearest car park Calke Abbey car park)

Our experienced volunteer guides and knowledgeable rangers offer guided walks across the Calke Abbey parkland, picking out the best seasonal highlights as well as the interesting history of the Calke Estate. Walks last typically around 90 mins, but may be able to be tailored to suit different requirements – speak to a park guide on the day. Outdoor clothes and walking shoes are advised.
**Ancient Rocks and Mount St. Bernard Abbey**

**Start time 1.30pm**  
Moderate  
2 miles, 1.5 hours, 4 stiles  
**STARTING POINT** Mount St. Bernard Abbey, LE67 5UL (nearest car park Abbey car park)  
Discover a quiet corner of Charnwood Forest with splendid views and natural beauty. Learn about Mount St. Bernard Abbey, the first abbey to be built after the Reformation, and the nearby Reformatory. Walk amongst some of the oldest rocks in England, formed about 700 million years ago. Look into Peldar Tor Quarry, thought to be a Precambrian volcano. Please note: the route includes steep slopes and uneven tacks.

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**Stretton**

**Start time 2pm**  
Easy  
2.5-3 miles, 1 hour, 0 stiles  
**STARTING POINT** The Green Car Park, DE13 0EQ (small car park behind Springwood Vets)  
Enjoyable walks next to the Trent & Mersey Canal or the Tutbury Jinny Trail, that was once part of the old railway line for Burton and Tutbury. The walks are led by our trained volunteer walk leaders and take approximately 1 hour to complete.

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**Wednesday 24th May**

**Gentle Weekly Walk**

**Start time 9.30am**  
Easy  
1-2 miles, 1 hour, 0 stiles  
**STARTING POINT** Hermitage Leisure Centre, Whitwick, LE67 5EU (car park on site)  
A gentle weekly walk suitable for all abilities. Refreshments available afterwards. Booking essential. Please call 07738820948 or email Rachel.hudson@ageukleics.org.uk

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**Green Bank Walk**

**Start time 10am**  
Easy  
2 miles, 1 hour, 0 stiles  
**STARTING POINT** Green Bank Leisure Centre, café area, DE11 0AD (nearest car park on site)  
This beginner’s walk is perfect if you are new to walking or want to get back into it after a break. The walk is led by trained walk leaders who will accompany you at a pace that suits you. The walk takes place on a weekly basis and always finishes with a hot drink at a local pub afterwards. The route is all on concrete or well surfaced paths.

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**Bradgate Park**

**Start time 10am**  
Moderate  
10 miles, 6 hours, 12 stiles  
**STARTING POINT** Beacon Hill car park (SK509147) LE12 8SP, car park £4  
A circular walk from Beacon Hill, with its extensive views of the surrounding countryside, to Bradgate Park passing by Cropston Reservoir and through Swithland Wood.

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**Nordic Walking Session**

**Start time 10am**  
Leisurely  
2.5 miles, 1 hour, 0 stiles  
**STARTING POINT** Meet in courtyard by the shop at Elvaston Castle, Borrowash Road, Elvaston, DE72 3EP, car park £1.30 for 2hrs  
Nordic walking is basically walking with the use of specialised poles. It burns up to 46% more calories than normal walking by getting the upper body involved, and also reduces stress on the lower limbs. It is a great way to get active and have fun. 
Booking essential. Call 01283 563483 or email tor@roslistonforestrycentre.co.uk
### Achille Wood and Farm Park

**Start time** 10am

2 miles, 2 hours, 1-5 stiles

**STARTING POINT** Hill Farm, Spring Lane, Packington, LE65 1WU; Meet adjacent to the toilets, car park on farm

Take a leisurely stroll around the farm and woodland, taking in Canadian Bison, Red Deer, Alpacas and many more. Finish with refreshments.

### Gresleydale Walk

**Start time** 1pm

3 miles, 1 hour, 0 stiles

**STARTING POINT** Gresleydale Healthcare Centre, Church Gresley, DE11 9JT (car park on site)

Discover the vast stretches of countryside and many public footpaths surrounding Church Gresley. This walk is led by trained walk leaders and is ideal for anyone who enjoys walking through beautiful countryside in good company. The group walk at a decent pace for approximately 1 hour and stop for refreshments afterwards (£1.50 donation requested).

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### Rolleston on Dove

**Start time** 10.30am

2.5-3 miles, 1 hour, 0 stiles

**STARTING POINT** Car park at the Spread Eagle Pub, DE13 9BE (on-street parking available across the road from the meeting point)

Walk through the village of Rolleston on Dove and take in the sights of the local wildlife in the nearby woodlands and countryside. The walks are led by our trained walk leaders and take approximately 45 to 60 minutes to complete. After the walk the group enjoy a nice hot drink at the local café.

### Yoxall Walk

**Start time** 10.45am

2.5-3 miles, 1 hour, 0 stiles

**STARTING POINT** Yoxall Health Centre, DE13 8PD (on street parking near health centre)

Why not take part in the Health Walk in Yoxall and enjoy the sights of the beautiful local countryside around this small village. The walk is led by our trained walk leader and takes approximately 45 to 60 minutes to complete.

### Woodlands and Washlands

**Start time** 10am

3 miles, 2.5 hours, 0 stiles

**STARTING POINT** Watson Street car park, Burton, (Washlands) DE14 3AH

Exploring the hidden ‘countryside’ close to the centre of Burton, with new and ancient woodlands and wonderful riverside walks.

### An Ulverscroft Round

**Start time** 10am

7 miles, 4 hours, 5 stiles

**STARTING POINT** Queen’s Head Inn, Ashby Road, Markfield, LE67 9UB. On street parking (please do not park in the pub car park)

Through unspoiled old woods and meadows passing by historic Ulverscroft Mill and Priory. We will also visit Ulverscroft Grange, where we will take a short break at the tea rooms. Children over 12, and accompanied by an adult, welcome.
89 Willington Walk

Start time 1.30pm  
2 miles, 1 hour, 0 stiles (but some steps)

STARTING POINT Meet at the canal/picnic area car park, Willington, DE65 6BP

Come and enjoy a led walk along the scenic canal at Willington and stop for a hot drink in the local pub afterwards. This is a steady paced walk along decent footpaths. Although there are no stiles, there are a few steps on route.

90 'Made in Swadlincote' Swadlincote Townscape Walk

Start time 2pm  
1 mile, 2 hours, 0 stiles, £2 per person

STARTING POINT Sharpe’s Pottery Museum, Swadlincote, DE11 9DG; Parking at Rink Drive or Bus Station

Join us for this fascinating walk, looking at the history of Swadlincote over the last 100 years. Part of the Swadlincote Townscape project, led by the Magic Attic.

91 An Evening Walk around the Charnwood Hills

Health Walk  
Start time 7pm

5 miles, 2 hours, 1-5 stiles

STARTING POINT The Bulls Head pub at Greenhill, LE67 4UY (car park at the pub)

Walk through a mixture of old farm land, woods and heathland to Mount St. Bernard Abbey. Return over rocky outcrops for scenic views and back to the pub for a pleasant social finish.

92 Melbourne Night Walk

Start time 8pm  
3.5 miles, 2 hours, 8+ stiles, £2 per person

STARTING POINT Melbourne Parish Church, Church Street, DE73 8JH (car park on site)

An evening walk in the rolling countryside between Melbourne, Breedon and Wilson. Headtorch recommended. It should be quite dark in the last half hour of the walk, so care will need to be taken under foot.

For up to date Public Transport Information, please contact Traveline

www.traveline.info

0871 200 22 33

plus your phone company's access charge
The National Forest Walking Festival gratefully acknowledges generous funding by

Photo credits: Jacqui Rock, Chris Beech, Louise Galdes, The National Forest Company, 2020VISION. Front cover photo: Judi Whileman

Designed by creativemel www.creativemelonline.co.uk
A BIG THANK YOU to all our Walk Leaders. We are very lucky to have so many knowledgeable and enthusiastic rangers and volunteers as our guides, without whose time and effort to plan and lead walks the Festival would not be possible.

During the festival, walkers will be invited to complete an evaluation form at the end of each walk, and one completed form will be drawn out to win:

A £50 shopping voucher to spend in Millets The Outdoor Store
The National Forest Walking Festival takes place in the very heart of England and is easily accessible by road, rail or bus.

**By road:**
For visitors travelling by car or coach, The National Forest is easily accessible from the M1, M6, M42/A42, A50, A511 and the A38

**By rail:**
There are 10 railway stations serving the area. National Rail Enquiries: 03457 48 49 50 (Charges apply) www.nationalrail.co.uk

**By bus:**
Information on bus and coach timetables is available from:
Traveline: 0871 200 22 33 (Charges apply) www.traveline.info
National Express: 08717 818181 (Charges apply) www.nationalexpress.com